

start here:

brain dump EVERYTHING you can think of here first.
do not pass go, do not collect \$200 until you do this.

then move one note at a time to it's specific area.
add items as they get assigned during the week.

due this week:

move things to here that are due THIS WEEK ONLY.

chores:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY/
SUNDAY

things i'm happy about:

things i'm upset about:

GOALS I'VE MET:

sports:

meets, rescheduled practices, things to bring.

HELP!!!

put anything at all here that you feel
overwhelmed with.

ultimate goals:

anything that you would like to accomplish, this week,
this month, this year.

due this month:

move things to here that are due sometime this month.

friend stuff:

hanging out? dates? grabbing dinner?

then...

TELL YOUR PARENTS AND TEACHERS.
[we can't help you if we don't know]